

Here Are Some Common Q&As About the Amino Acid Therapy Distance Training Course:

1. What kind of practice do I need to have to be considered?

This is an advanced training process for physicians, PAs, acupuncturists, MFTs, LCSWs, NDs, and certified nutritionists who have established practices.

2. Do you know the next start date, and whether or not the training will likely be offered again in the future?

The Distance Training does not have a starting date per se. Since it is self-paced, once a potential student is approved, she/he can start immediately.

3. Can you tell me generally speaking what the overall weekly time commitment has been like for participants?

It is self-paced but generally needs to be completed in a year. Initially, you will need to spend at least 30 hours listening to the CDs and reading the books, with other reading assignments to be made over the course of the year.

You will work with a minimum of 20 in-person clients using amino acid therapy. Eight of the cases, when completed, will be subjects of formal written case presentations. Write-up time for the 8 cases over the course of the year varies depending on each student.

You will spend two hours a month discussing your current cases in depth with your instructor. Teleseminar meetings every other month (dates TBA) usually take 2 hours.

4. What nutrition background do I need?

You need some nutrition education or training. You need to be able to evaluate diets to determine nutrient deficiencies, which specific imbalances have what consequences, and how to evaluate current and ideal nutrient content. We usually encourage students to get formal nutrition education at NTA (<http://nutritionaltherapy.com/>), Hawthorne University, Bauman College or another school of their choice, if they have no basic nutrition training. If the student has little nutrition education, extra sessions can be arranged before the training starts, concurrently, or you can wait to do the NNTI training until you get certified as a nutritionist.

5. What would the payment installment plan look like?

It is pay as you go. The rate is \$125 per hour for individual case consultations/instruction (plus the cost of materials). We take credit cards and PayPal. For group sessions, the rate is \$100 for two hours.